



## Holistic Recommendations for Flea Control

**Diatomaceous Earth** (Diatom Dust)—Contact with fleas causes them to dehydrate and die. Spread around house, outdoor areas, bedding, and directly on pet.

**Parasitic Nematodes** (Found in products such as Interrupt)—The nematodes kill immature fleas and larvae.

**Boric Acid**—For home and furniture use, kills fleas within 2–4 weeks.

**Herbal Flea Repellent**—We recommend Insect Shoo, Vetri-Repel Spray, and Vetri-Repel Wipes. Apply to pet's skin to repel fleas.

**Herbal Shampoos and Dips**—We recommend Natural Animal Shampoo and Dip. Combine with frequent combing to stimulate natural oil production of pet's skin and removal of larvae.

**Nutritional Supplements**—Garlic or nutritional yeast added to your pet's food has been found to be effective flea deterrents for some pets.

**Essential Oils** (Citronella, Pennyroyal, Eucalyptus, Orange, Lemon, Rosemary, Thyme, Bay or Cedar)—Can be applied to dog's coat, cloth collar, or spritz a solution in kennel or bedding. **\*\*\*DO NOT apply directly to cats. Dilute and use sparingly as a mist instead\*\*\***

**Lamp Trap**—A small lamp with a 20 or lower wattage bulb, angled low over a large flat dish of soapy water or vegetable oil, will become a heat magnet and trap for hungry fleas in an empty house. This can be an alternative to insecticidal fumigation treatment when set up in different rooms while on vacation or moving into a new home where there were other animals.